

What are Flashcards?

Flashcards are about you becoming an active learner helping you recall key information. Creating your own flashcards helps you organise your own learning in a way that suits you. You can create them using colours, images/pictures, paper/card, by hand, on the computer or even with apps. Remember flashcards are personal and they are for you to use.

TIPS FOR CREATING & USING FLASHCARDS

1 Make your own flashcards.

This helps you recall the information and is part of the learning process.

2 Add pictures and images to the words.

This helps as humans remember images better than words - so combine the two. They can be printed or drawn.

3 Use Mnemonics.

These help you create a link between 2 pieces of information (e.g. Magnesium = Mg = More Goulash).

SUMMARY

- Make your own.
- Your flashcard can be a question, keyword or fact.
- Use images/pictures.
- Use string to keep them together.
- You don't have to use card it can be paper.



4 1 question/fact per card.

This keeps you focused on that one piece of information. Lots of facts on one card can make you think you know them all when you only recognise some of them.

5 Break down complex questions into several simple questions.

You remember it better this way. For example when learning the periodic table don't put all the groups on one card. Break them down and put each group on a card of their own with that section highlighted in a picture on the flashcard.

6 Say it out loud.

When using the flashcards say the information out loud - it may sound silly but you will remember it more.

7 Study from both sides..

Make sure you can give the information on the flashcard from both sides (e.g. recognising Mg is Magnesium, but also the symbol for Magnesium is Mg).