

# Colne Valley High School Physical Education Curriculum Intent



## **Core PE Statement**

Physical education plays an important role in Colne Valley High School achieving excellence through a value driven education (RITA- Respect, Integrity, teamwork and Aspiration). It is at the forefront in developing student well-being, life skills and preparing students to lead healthy, positive, and active lifestyles in the future.

Our aim in physical education is to not merely highlight those with a sporting excellence but develop a passion for physical activity amongst all students through the delivery of a broad and balanced curriculum. This will equip all students with both the knowledge and skills they need to maintain a healthy active lifestyle and enjoy being physically active. Fundamental to this is developing student's confidence in their ability to participate both recreationally and competitively within sport and exercise. This will be enhanced by providing an extra-curricular offer that supports both further participation and competition in a wide range of activities and sports.

## **KS4 Statement**

Through the delivery of an inclusive curriculum, we allow students to deepen their knowledge and understanding of a diverse range of theoretical concepts associated with physical activity, sport and exercise. The application of this to the wider world of sport brings the classroom to life and encourages the development of understanding beyond the ability to complete an examination. The knowledge and skills gained by studying these qualifications provides students with the opportunity to pursue a career within sport and physical activity. This is achieved by having high expectations of all students, so they are supported, challenged, and encouraged to not only fulfil their potential but to surpass it.