

5 Year Overview

PE

Year Group	Themes	Autumn	Spring	Summer
Key stage 3				
7	Motor competence		Individual	Athletics
			Badminton	Cricket
8	Rules, strategies and tactics		Gymnastics	Rounders
			Table tennis	
9	Healthy participation		Team	
			Football	
			Netball	
	Theoretical content exposure		Handball	
10	Subject specific knowledge		Rugby	
			Handball	
11	Additional cross curricular links		Hockey	
			Basketball	
			Dance	
			Fitness	
			OAA	

5 Year Overview

PE



Course	Winter	Autumn/Spring	Summer
10 GCSE/CNAT Practical	Netball Badminton	Handball Football	Athletics
10 GCSE/CNAT Practical	Netball Badminton	Handball Football	Athletics
11 GCSE/CNAT Practical	Netball Badminton	Handball Football	Athletics
GCSE PE Year 10	Anatomy and Physiology Movement analysis	Physical training Use of data	Coursework